



DRONACHARYA SENIOR SECONDARY SCHOOL

THE DPS TIMES
Echoing the Dreams and Voice of the Dronacharyans

NEWSLETTER
ANNUAL (APRIL-MARCH)
Session 2025-26



Editorial Board: Mrs. Kalpana Yadav
Designer: Mrs. Jyoti Arora Raheja
Proofreader: Ms. Shweta Singh

CONTENTS

1. Three Decades of Vision and Growth - Managing Director
2. From the Desk of the Academic Director
3. Activities Spanning from April to March
4. Rangotsav 2026 - A Grand Celebration of 30 Years of Excellence
5. Academic Achievers
6. The Promising Dronacharyans
7. Our Shining Stars
8. Parents' Feedback
9. Teachers' Spotlight
10. Photo Gallery
11. Parents' Guide
12. Working Together. Growing Together - Vice Principal

THREE DECADES OF VISION AND GROWTH

Dear Readers,

It gives me immense happiness to share a few thoughts with our school community through this newsletter. This year is especially meaningful for us as Dronacharya Senior Secondary School marks thirty years of dedicated service to education and to the community that has been an integral part of our journey.

Three decades ago, Dronacharya began with a simple yet sincere vision—to create a place where children could receive not only quality education but also the values, confidence, and guidance needed to grow into responsible individuals. What started as a modest effort has, over the years, grown into a vibrant institution shaped by the collective faith and support of our students, parents, teachers, and well-wishers.



Looking back, the growth of this institution has always been a shared journey. The trust placed in us by families, the dedication of our teachers, and the enthusiasm of our students have together built the strong foundation on which Dronacharya stands today.

The achievements and activities highlighted in this newsletter reflect the energy and spirit that define our school. They remind us that education is not limited to classrooms alone, but is reflected in every opportunity where students learn, participate, and discover their potential.

I remain deeply grateful to our entire community for their continued encouragement and support. With the same spirit of trust and cooperation, I am confident that the coming years will bring even greater opportunities for our students and our institution.

Warm regards,
Virender Yadav
Managing Director
Dronacharya Senior Secondary School

FROM THE DESK OF THE ACADEMIC DIRECTOR

Dear Readers,

As Dronacharya Senior Secondary School marks three decades of dedicated service to the community, we continue to advance the academic vision that has shaped our institution and inspired generations of learners.

Through this newsletter, we seek to share with our school community a glimpse of the many learning experiences, achievements, and initiatives that have shaped the academic journey of our students throughout the year.

The conclusion of the academic session 2025–26 offers us an opportunity to reflect on a year defined by commitment, discipline, and meaningful progress. The accomplishments of our students across academics, sports, and cultural pursuits reflect a shared commitment to excellence that is shaped by their determination, the guidance of our teachers, and the unwavering support of parents.



Together, these efforts continue to foster a learning environment where students are encouraged to challenge themselves, pursue their interests, and grow with confidence.

At Dronacharya Senior Secondary School, we believe that education must prepare students not only for examinations but for life itself. Our aim is to nurture learners who are intellectually curious, confident in their abilities, and grounded in strong values. Throughout the year, our classrooms and activity spaces have served as platforms where students learn to think independently, collaborate effectively, and approach challenges with resilience.

An essential part of this journey is providing students with their first meaningful experience of leadership. Through our fully functional student and house bodies, students are entrusted with real responsibilities that encourage initiative, accountability, and confidence. Our philosophy is simple: we do not spoon-feed our learners; rather, we equip them with the skills and the belief that they can rise to greater challenges.

Guided by the vision of the National Education Policy (NEP) 2020, we continue to move toward a more holistic, inclusive, and future-ready model of education. In the coming session, we are proud to introduce a fully AI-enabled Robotics Laboratory, offering students opportunities to explore emerging technologies and develop computational thinking.

At Dronacharya, we remain committed to nurturing life skills, character, and curiosity, ensuring that every child is empowered not only to succeed academically but to think independently, lead with confidence, and contribute meaningfully to the world beyond the classroom.

Warm regards,

Vikas Yadav

Academic Director

Dronacharya Senior Secondary School

Dear Parents and Guardians,

It brings us great joy to share with you the meaningful and memorable celebrations held in our kindergarten classroom this month. Through stories, songs, role-play, art, and interactive discussions, our little learners explored a variety of national and international observances. Each day was celebrated in a fun and age-appropriate way to help children connect with values like empathy, bravery, health, love, and joy.

The month has been a joyful journey filled with exploration, creativity, and celebrations in our Kindergarten. Our tiny learners actively participated in a variety of theme-based days and fun learning experiences that nurtured their physical, emotional, and intellectual development. Here's a glimpse into what we celebrated and learned:

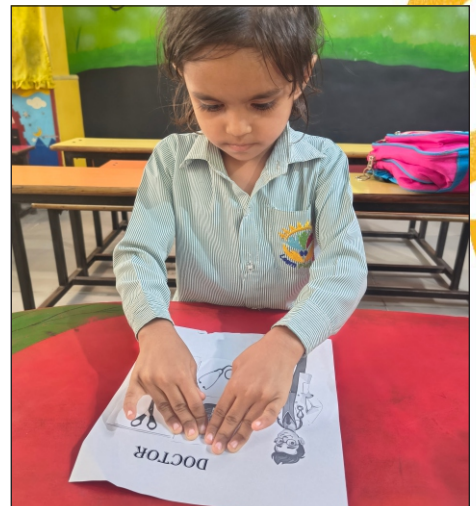
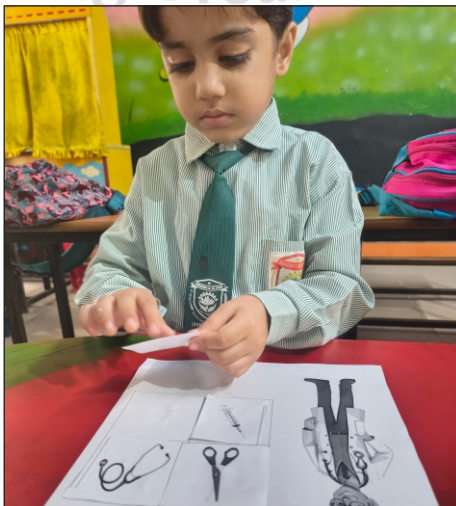
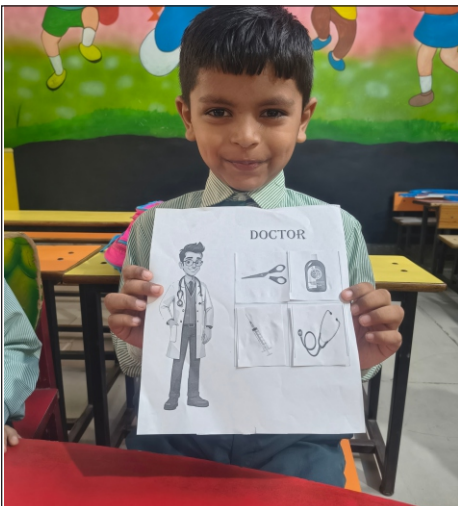
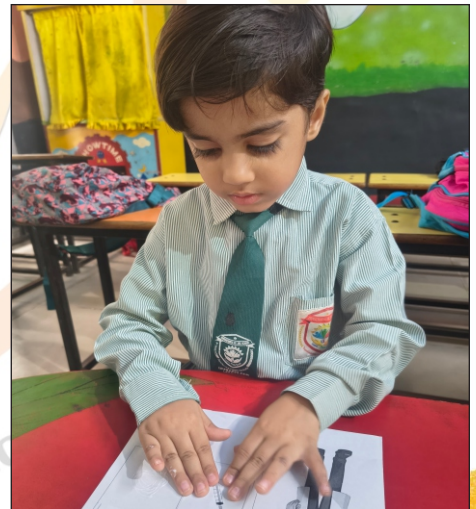
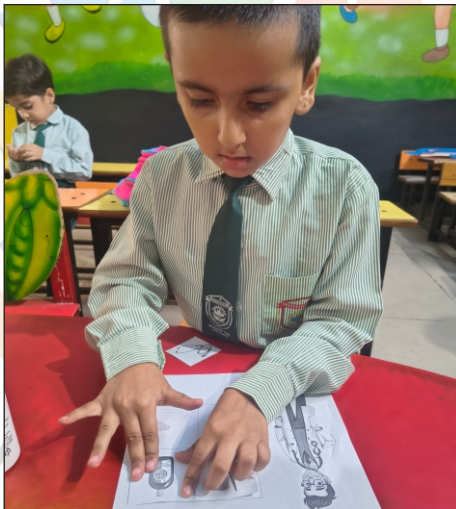
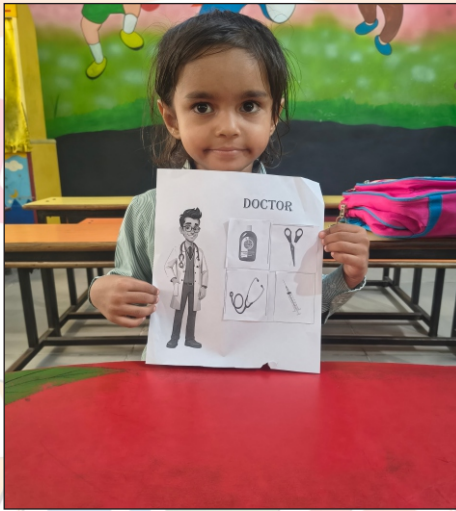
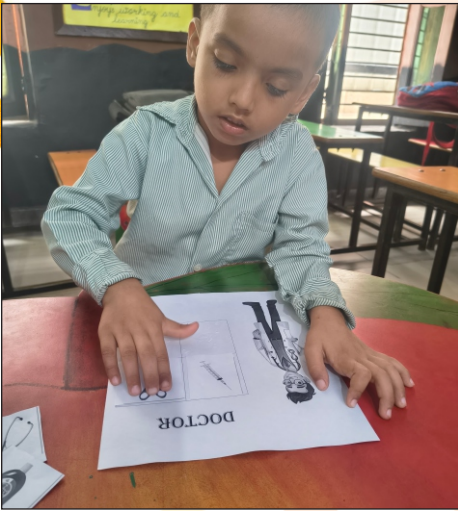
WELCOME BACK TO SCHOOL

On April 1st, Our school joyfully celebrated Welcome Day, warmly greeting our students into a new academic session filled with hope and excitement. The campus buzzed with happiness as children were welcomed with smiles, cheerful decorations, and engaging activities. The day was planned to help students feel comfortable, confident, and connected in their new environment. Welcome Day set a positive tone for the year ahead, reminding everyone that our school is a place where learning begins with joy and care.



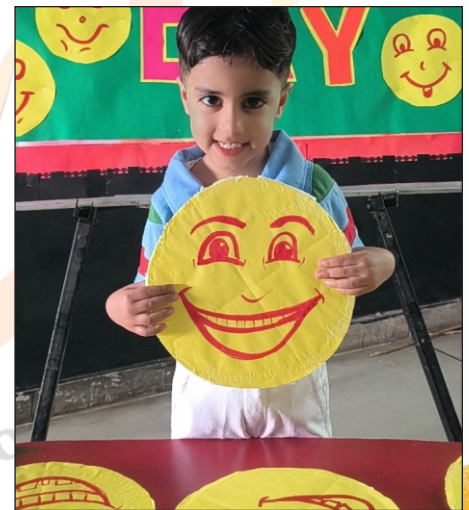
LABOUR DAY CELEBRATION

On May 1st, Labour Day was celebrated to honor the hard work of community helpers. Children were introduced to the roles of cleaners, gardeners, bus drivers, and security guards in simple terms. They made thank-you cards and drawings to express their gratitude. Role-play activities helped them understand the importance of dignity of labour. A short video was shown, followed by a discussion on respecting every profession. The activity helped promote empathy and social awareness. Children also helped tidy their classroom as a hands-on gesture of appreciation, learning that no job is too small and every effort counts in a community.



WORLD LAUGHTER DAY CELEBRATION

On May 3rd, World Laughter Day brought a day of happiness and giggles! We began with laughter yoga, where kids followed simple fun exercises with big smiles and claps. Teachers conducted storytelling sessions filled with silly characters and funny moments. A “funny hat parade” allowed children to wear creative hats and share jokes or funny sounds. They also made “smiley face” masks using paper plates and crayons. The importance of laughter for mental health and friendship was gently introduced. This day promoted joy, bonding, and emotional well-being while encouraging children to find happiness in little things and share smiles with others.



WORLD RED CROSS DAY CELEBRATION

On May 7th, Red Cross Day, our young learners were introduced to the idea of kindness, first aid, and caring for others. Teachers used red-themed props and visuals to explain the role of the Red Cross in helping people during emergencies. A basic "helping hands" activity allowed children to draw ways they can help others. A pretend first-aid box and doll demonstration taught simple ideas like putting on a band-aid or calling an adult when someone is hurt. The focus was on being kind, gentle, and helpful. The activity encouraged empathy and laid a foundation for safety awareness and compassion.



WORLD ATHLETICS DAY CELEBRATION

On May 6th, World Athletics Day focused on the importance of fitness and sportsmanship. Children participated in fun physical activities like sack races, zig-zag running, jumping competitions, balance games and hopscotch. They learned basic stretching and warm-up exercises before starting. Teachers explained the value of being active and following rules during games. A mini obstacle course was set up to improve their balance and coordination. Children cheered for each other, promoting team spirit and encouragement. Medals and applause were given to every participant, emphasizing participation over winning. The day helped develop gross motor skills, self-confidence, and a love for active play among the children. The focus was on team spirit, physical fitness, and joy in movement.



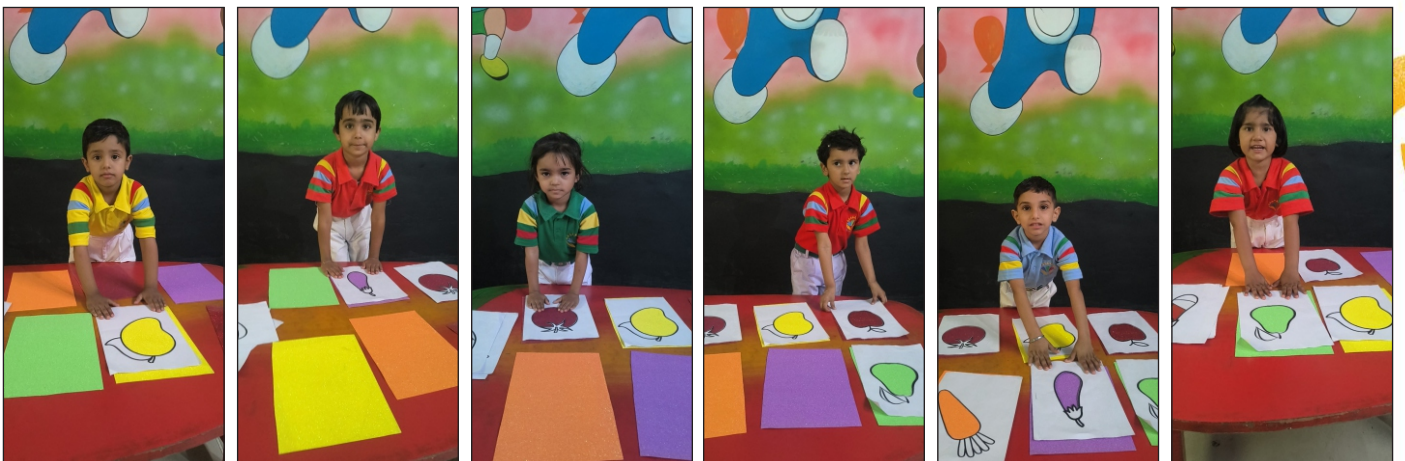
MOTHER'S DAY CELEBRATION

On May 11th, Mother's Day was celebrated with great warmth and affection. Children created handmade greeting cards and heart-shaped crafts to gift their mothers. Teachers helped them learn and recite a poem dedicated to moms. A sharing circle allowed children to speak about why they love their mothers. A "Mom & Me" collage was created using pictures children brought from home. This celebration focused on emotional bonding, gratitude, and expression of love. Children were also taught simple responsibilities they could take at home to help their mothers. It was a touching and meaningful celebration that strengthened home-school connections. It was heartwarming to witness their expressions of affection and gratitude.



FRUITS AND VEGETABLES ACTIVITY

On May 14th, The children explored the world of fruits and vegetables through a colorful market setup in class. They sorted items by color, size, and category, fruit or vegetable. Tasting sessions allowed them to try pieces of mango, banana, cucumber, and tomato. Teachers explained health benefits, parts of plants we eat, and the importance of eating fresh food. Songs like "Apples and Bananas" made learning fun. A craft session involved making fruit baskets and vegetable prints using cut produce. The activity promoted healthy eating habits, sensory exploration, and vocabulary building related to food and nutrition.



DIRECTION WITH COLOUR GENERALIZATION

On May 18th, Children learned directions (left, right, up, down, forward, backward) through colour-coded movements and games. Teachers used arrows and coloured footprints to guide children on the floor. For example, red for left, blue for right. A “colour and move” game encouraged them to follow commands like “Move the yellow block forward” or “Turn left with the green scarf.” Songs and rhymes supported the learning. This activity improved spatial awareness, understanding of directions, and the ability to follow instructions. It also developed gross motor coordination and helped children grasp abstract concepts in a visual, active way.

This encouraged spatial awareness, listening skills, and colour recognition all at once.



POP THE WORDS ACTIVITY

On May 20th, Building on the previous activity, this version involved balloons filled with sight words and CVC (consonant-vowel-consonant) words. After popping a balloon, children read the word aloud and used it in a sentence, for instance: “The word is cat – I have a cat.” “The word is run – I run fast.”

This reinforced reading fluency and sentence formation in a playful, hands-on way. Both activities provided a joyful environment for developing reading, writing, listening, and speaking skills. Our little learners showed great enthusiasm and were proud of their accomplishments. These early literacy-building activities help lay a strong foundation for confident communication and love for language.



CARROM MATCH - AN INDOOR EVENT

An exciting carrom match took place on 15 July from grade 3 to 5 students in the Sports room. The DPE Mr. Anil Jakhar was the event organiser. The engaging contest was filled with precision shots, calculated defenses, and remarkable skill. Both the participants trying hard for the victory. The students were watching carefully the method of playing by the contestants.

The following students got first, second and third position:

- | | |
|---------------|--------------|
| 1. Harsh - | 3rd Magnetic |
| 2. Ujjwal - | 4th Magnetic |
| 3. Himanshu - | 4th Magnetic |
| 4. Monesh - | 5th Active |

The main objective was to tell the importance of indoor games and the skills required to play them.



INTER-HOUSE MIMICRY COMPETITION

Our school's Inter-House Mimicry Competition was held on July 16th, showcasing students' creative talents and confidence. The event fostered teamwork and healthy competition, encouraging creative expression. Students displayed impressive mimicry skills, entertaining the audience with their performances. Winners were announced in two categories:

Category 6-8:

- 1st Position- Palak 8th Active(Ambar House)
- 2nd Position- Ghandeep 7th Magnetic (Prithvi House)
- 3rd Position- Pawani 8th Magnetic (Prithvi House)

Category 9-12:

- 1st Position Komal 11th Science (Agni House)
- 2nd Position Sakshi 10th Magnetic (Agni House)
- 3rd Position Ujjawal 12th Arts (Prithvi House)

The competition was a huge success, promoting creativity and self-expression among participants. The event was a testament to the students' artistic talents and abilities.



INVESTITURE CEREMONY AND NELSON MANDELA DAY

A CELEBRATION OF LEADERSHIP

The Investiture Ceremony and Nelson Mandela Day was celebrated on 18 July by our kiddos with great pride and enthusiasm. As the Investiture ceremony is a significant occasion in every school to mark the formal installation of the Student Council for the academic year.

Mr. Virender Yadav and Mr. Vikas Yadav were our chief guests. The event was started by the March past followed by the pinning of badges and taking the oath and new responsibilities for the academic year.

Cultural programmes and dance performances left the audience awestruck. The students gave speeches and recited poems on The great leader Nelson Mandela about his Life and legacy.

The investiture ceremony is not merely a tradition; it is a stepping stone towards nurturing our beloved students into future leaders.



दोहा वाचन प्रतियोगिता

हमारे विद्यालय में दिनांक 21 जुलाई 2025 को दोहा वाचन प्रतियोगिता का आयोजन किया गया। इस प्रतियोगिता का उद्देश्य छात्रों में हिंदी काव्य के प्रति रुचि उत्पन्न करना और भाषा के सौंदर्य को समझाना था। कक्षा 6 से 10 तक के विद्यार्थियों ने इस प्रतियोगिता में उत्साहपूर्वक भाग लिया।

प्रतियोगिता का संचालन हिंदी विभाग के अध्यापकों द्वारा किया गया। छात्रों ने कबीर, रहीम, तुलसीदास जैसे महान कवियों के प्रसिद्ध दोहे प्रस्तुत किए। उनकी भाव-भंगिमा, उच्चारण एवं प्रस्तुति अत्यंत सराहनीय रही। निर्णायकों ने प्रस्तुति, स्पष्टता तथा भावाभिव्यक्ति के आधार पर विजेताओं का चयन किया। इस प्रतियोगिता में प्रथम स्थान पर कक्षा चौथी की छात्रा सुहानी पुत्री श्री सुरजीत सिंह, द्वितीय स्थान पर कक्षा पांचवी की छात्रा जानवी पुत्री श्री अनिल कुमार और तृतीय स्थान पर कक्षा पांचवी का छात्र हर्ष पुत्र श्री हरिकृष्ण रहा। प्रधानाचार्य महोदय ने सभी प्रतिभागियों की सराहना की और विजेताओं को पुरस्कार वितरित किए। यह आयोजन न केवल ज्ञानवर्धक रहा, बल्कि छात्रों के आत्मविश्वास को भी बढ़ाने वाला सिद्ध हुआ।



PAPER CRAFT ACTIVITY

On July 22nd, students of Class 6 to 8 participated in a Paper Craft activity, aiming to develop creativity, enhance fine motor skills, and encourage patience and self-expression. Through this engaging session, students created beautiful paper crafts, showcasing their imagination and attention to detail. The activity was a huge success, allowing students to express themselves creatively and demonstrating their enthusiasm and talent. We are proud of their participation and look forward to more such activities that foster creativity and skill-building. Congratulations to all participants for their wonderful creations!



YELLOW DAY CELEBRATION

On 24 July, Our school campus lit up with joy as our little learners celebrated Yellow Day, a special occasion dedicated to the colour of sunshine and happiness. Dressed in bright yellow outfits, the children looked cheerful and energetic. Classrooms were beautifully decorated with yellow objects, and engaging activities like colour recognition, art and craft, and show-and-tell helped children explore the importance of the colour yellow in a fun way. The celebration encouraged creativity, confidence, and joyful learning. Yellow Day was a delightful experience filled with smiles, laughter, and learning, making it a memorable day for our young learners.



RAKHI MAKING ACTIVITY (CELEBRATING THE BOND OF LOVE)

To celebrate the auspicious festival of Raksha Bandhan, A Rakhi Making Activity was organized on 8th August for the students of grade 1 to 5. The main objective of conducting the activity was to promote creative skills, cultural values, and the spirit of siblinghood among students.

Our shining stars crafted beautiful and colorful rakhis using eco-friendly materials such as threads, flower petals, beads, sequins, foam sheets, glue sticks and decorative items. The teacher demonstrated a step by step tutorial for the students. The students showed their exceptional skills in crafting the Rakhis. After completion of activity the students displayed all Rakhis on a 'Rakhi Wall' in the classroom.

The wall was looking colourful and beautiful after hanging the Rakhis and students enjoyed this activity a lot.

The event concluded with smiles all around, as students proudly displayed their handmade Rakhis. Such initiatives play a vital role in nurturing cultural awareness and holistic development in young minds.



हिंदी सुलेख प्रतियोगिता

हमारे विद्यालय में 12 अगस्त 2025 को हिंदी सुलेख प्रतियोगिता का आयोजन किया गया। इस प्रतियोगिता में कक्षा प्रथम और कक्षा द्वितीय के विद्यार्थियों ने बढ़ चढ़कर भाग लिया। इस प्रतियोगिता की कोआर्डिनेटर (समन्वयक) श्रीमती संगीता सिवाच रही हैं।

इस प्रतियोगिता में द्वितीय कक्षा (मैग्रेटिक) से:

- प्रथम स्थान पर कक्षा दूसरी (एक्टिव) से हित्वी सुपुत्री संदीप यादव,
- द्वितीय स्थान पर कक्षा दूसरी (एक्टिव) से दिव्या सुपुत्री संजय कुमार और
- तृतीय स्थान पर कक्षा प्रथम (मैग्रेटिक) से भाविका सुपुत्री रविकुमार रही है।

इस प्रतियोगिता का मुख्य उद्देश्य बच्चों के अंदर भाषा कौशल को बढ़ाना और आत्मविश्वास को बढ़ाना था।



INDEPENDENCE DAY AND JANMASHTAMI CELEBRATION

On August 14th, Our school celebrated Independence Day with great pride and patriotic fervour. The programme began with the felicitation of the esteemed Chief Guests, who were honoured with shawls by RD Sir. The School Ambassador delivered an inspiring speech, followed by soulful poems, energetic dance performances, and melodious patriotic songs presented by the school choir. The students presented a roleplay on Bhagat Singh, Sukhdev and Rajguru, which left everyone with moist eyes. The event was further enriched by the motivating speeches of our Managing Director Sir and Academic Director Sir, who urged students to uphold the values of freedom and responsibility.

Our school celebrated Janmashtami on 14th August with devotion and joy. Tiny tots looked adorable dressed as Radha and Krishna, filling the atmosphere with festive spirit. Students sang melodious bhajans, while lively dance performances by gopiyaan and gawale added to the celebration. The highlight was the thrilling Dahi Handi event, where students formed a human pyramid to break the handi and share makhan and prasad. The celebration reminded everyone of Lord Krishna's message of peace, love, and righteous living, inspiring students to follow his divine path.



GANESH CHATURTHI

On August 27th, On the occasion of **Ganesh Chaturthi**, an engaging and eco-friendly activity was conducted for our Kindergarten students using **peepal leaves, daal (lentils), and disposable cups**. The little learners enthusiastically created beautiful Lord Ganesha crafts, developing their creativity and fine motor skills.

Through this hands-on activity, children not only learned about the significance of Ganesh Chaturthi but also understood the importance of using natural and simple materials for decoration. The joyful participation of the tiny hands and smiling faces made the celebration colourful, meaningful, and memorable.



SPELLATHON COMPETITION

On September 10th, Our school conducted an exciting **Spellathon Competition** for students of Classes I and II, where teams of three students participated with great enthusiasm. The event aimed to strengthen vocabulary, improve spelling skills, and build confidence among young learners.

Each team showcased excellent teamwork and quick thinking as they spelt out words in different fun and challenging rounds. The children displayed remarkable focus, courage, and sportsmanship throughout the competition. The Spellathon proved to be an engaging and enriching experience, encouraging learning through healthy competition and joyful participation.

1st Position- Class 1

Team A- Kaira d/o Nitin Gupta
Rihaan s/o Sourav
Vansh s/o Sudhir

2nd Position- Class 1

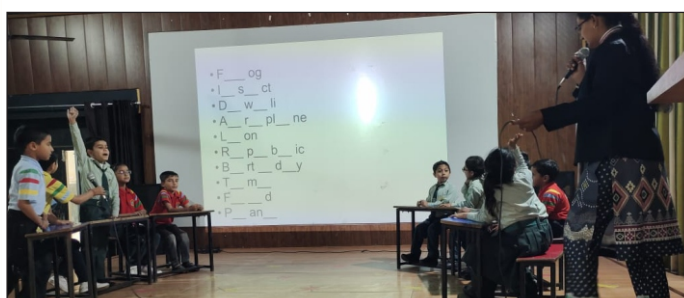
Team B- Krisha d/o Shyam
Kunal s/o Yashpal
Parth s/o Ramesh

1st Position- Class 2

Team A- Ruhanika d/o Yudhvir
Adarsh s/o Dushyant
Prince s/o Shashi

2nd Position- Class 2

Team B- Avni d/o Sarjeet
Nikhil s/o Mukesh
Vaibhavi d/o Sandeep



HINDI SPEECH COMPETITION

On September 15th, With the aim of encouraging effective communication and love for the Hindi language, our school organised a **Hindi Speech Competition** for students of Classes VI to XII. The event provided a valuable platform for students to express their views on diverse and meaningful topics. Participants captivated the audience with their confident delivery, clear articulation, and strong stage presence. The competition not only enhanced public speaking skills but also nurtured critical thinking and self-expression, making it a truly enriching experience for all.

6-8 Group-

- 1st Position - Ghandeep - 7th Magnetic
- 2nd Position - Aaniya - 8th Magnetic
- 3rd Position - Payal - 8th Magnetic

9-12 Group-

- 1st Position - Yashika - 9th Magnetic
- 2nd Position - Aarju - 9th Magnetic
- 3rd Position - Aarti - 11th Science



ENGLISH SPEECH COMPETITION

On September 16th, The school auditorium buzzed with excitement as students of Classes III to V took part in the **English Speech Competition**, an event designed to celebrate young voices and ideas. The stage was filled with energy as students shared their thoughts through stories, inspirational messages, and imaginative talks.

The competition highlighted the growing confidence of the learners, as they spoke with enthusiasm, clear pronunciation, and expressive body language. The event played a significant role in nurturing creativity, critical thinking, and effective speaking skills, making it a joyful and enriching experience for both participants and the audience.

- 1st - Joel s/o Vikash- 5th Magnetic
- 2nd - Tejasvini d/o Hariom- 4 Magnetic
- 3rd - Janvi d/o Anil 5th Active and Muskan d/o Omvir- 5th Magnetic



RANGOLI MAKING COMPETITION

On October 17th, As part of the vibrant **Diwali celebrations**, our school organised a colourful **Rangoli Making Competition** to encourage creativity and cultural appreciation among students. The school campus was filled with festive spirit as students beautifully designed rangolis using bright colours, flowers, and traditional patterns.

The competition reflected the students' imagination, artistic skills, and teamwork while spreading the message of joy, harmony, and the victory of light over darkness. The event not only enhanced their artistic talents but also helped them connect with the rich traditions of Diwali, making the celebration even more meaningful and memorable.

6-8 group

1st Position- Aaniya, Shubhangi, Muskan – 8 Magnetic, Anshu- 8 Active

2nd Position- Chirag and Yashika 7 Magnetic, Janvi- 8 Magnetic, Ridhi- 8 Active

3rd Position- Pawani- 8 Magnetic, Laisha, Sonakshi and Manshi- 7 Magnetic

9-12 group

1st Position- Krita, Komal, Bina- 11 Science, Lavya- 9 Magnetic

2nd Position- Aditi, Nidhi- 10 Magnetic, Ishika, Tanvi- 9 Active

3rd Position- Vanshika- 11 Science, Shivani and Himanshi- 9 Magnetic



ANNUAL SCHOOL TRIP-THAKRAN DHAANI

On November 1st, Our school organized a memorable **Annual School Trip** for all students to **Thakran Dhaani**, a destination famous for its exciting and adventurous activities. The trip aimed to provide students with a healthy recreational experience while encouraging learning beyond the classroom.

The students enthusiastically participated in a range of activities such as rope climbing, ziplining, obstacle courses, balancing bridges, and fun outdoor games, all under the supervision of trained instructors and teachers. These activities helped build confidence, courage, teamwork, and leadership skills among the students.

The trip created moments of joy, laughter, and togetherness, allowing students to relax, explore, and connect with nature. It was a refreshing and enriching experience that left everyone with beautiful memories and happy hearts.



ANNUAL SPORTS MEET

Our school successfully conducted the **Annual Sports Meet 2025** from **21st November to 27th November**, turning the campus into a vibrant arena of energy, teamwork, and sportsmanship. The week-long event witnessed enthusiastic participation from students of all classes, who showcased their athletic talents with great zeal and determination.

A variety of track and field events, team games, and fun races were organized, giving every student an opportunity to participate and shine. The opening ceremony set the spirit of the meet with a colourful march past and oath-taking ceremony, while each day was filled with thrilling competitions and cheerful encouragement.

The Sports Meet not only promoted physical fitness but also instilled values of discipline, perseverance, and healthy competition. The event concluded with a grand closing ceremony and prize distribution, celebrating the true spirit of sports and unity among students.



WORLD POLLUTION DAY CELEBRATION

On December 2nd, On the occasion of **World Pollution Day**, our Kindergarten students actively participated in a special awareness activity to learn about keeping the environment clean. Through fun demonstrations, teachers explained the **proper use of different coloured dustbins** and guided students on **what to throw and where**. Children were taught to use the **green dustbin for wet waste** like food peels, **blue dustbin for dry waste** like paper and plastic, and **red dustbin for harmful waste**. With engaging activities, rhymes, and practical practice, the tiny learners happily followed the **"Use the Right Bin"** message. The celebration helped develop good habits of cleanliness and environmental responsibility from an early age.



CBSE WORKSHOP-CBP ON MENTAL HEALTH AND WELLNESS

Our school had the privilege of hosting a **two-day CBSE Capacity Building Programme (CBP) on "Mental Health and Wellness"**, which witnessed the enthusiastic participation of teachers from various schools. The programme served as a platform to create awareness about the importance of mental well-being in today's educational environment.

Over the course of two consecutive days, educators engaged in interactive sessions, group discussions, and practical activities focused on stress management, emotional resilience, and creating a supportive classroom atmosphere. The sessions were guided by expert resource persons who provided valuable insights and effective strategies to promote mental health among students and teachers alike.

The programme was highly enriching and empowering, strengthening professional competence and encouraging a holistic approach towards education. It was a proud moment for our institution to contribute towards building a healthier, happier, and more supportive learning community.

